

# Jarr Product List - Stoke Newington



Wholefoods	Price/100g
Arborio White Rice (org)	£0.58
Brown Basmati Rice (org)	£0.40
White Basmati/ Jasmine Rice (org)	£0.52
Long/ Short grain Brown Rice (org)	£0.38
Sushi Rice (org)	£0.39
Wild Rice Mix (org)	£0.63
Pearl Barley (org)	£0.19
Bulghur Wheat (org)	£0.39
Popcorn Kernels (org)	£0.35
Tricolour Quinoa GF (org)	£0.68
Buckwheat Groats GF (org)	£0.55
Polenta GF (org)	£0.33
Millet GF (org)	£0.34
Jumbo/ Rolled Oats (org)	£0.25
Jumbo Oats - GF (org)	£0.38
Puffed Quinoa (org)	£1.39
Cornflakes (org)	£1.15
Bran Flakes (org)	£0.73
Deluxe Muesli	£0.50
Granola GF Almond/ Chocolate	£1.20
Strong White Bread Flour (org)	£0.16
Strong Whole Bread Flour (org)	£0.15
Plain White/Wholemeal Flour (org)	£0.17
Rye Wholemeal Flour (org)	£0.23
Semolina (org)	£0.36
Gram Flour (chickpea) (org)	£0.34
Buckwheat Flour - GF (org)	£0.45
Maca Powder (org)	£1.32
Hemp Protein Powder (org)	£1.00
Spirulina Powder (org)	£1.90
Lion's Mane Powder (org)	£5.50
Pea Protein Powder - NEW	£1.25

Brown Sugar (light muscovado)	£0.45
Golden Caster Sugar	£0.40
Coconut Sugar (org)	£0.77
Granulated Extra Light Sugar(org)	£0.41
Cocoa Powder (org)	£1.29
Raw Cacao Powder (org)	£1.40
Bicarbonate Soda for cooking - GF	£0.40
Baking Powder - GF	£0.71
Red Split Lentils (org)	£0.38
Green Lentils (org)	£0.38
French Style (Puy) Lentils (org)	£0.57
Brown Lentils (org)	£0.42
Black Beluga Lentils (org)	£0.60
Yellow Split Peas (org)	£0.28
Chickpeas (org)	£0.43
Popcorn Kernels (org)	£0.35
White/Wholemeal Penne Pasta (org)	£0.38
White/Wholegrain Spelt Pasta (org)	£0.62
Fusilli Pasta - white (org)	£0.38
Orzo (org)	£0.40
Lasagna - white (org)	£0.59
Spaghetti - white/brown (org)	£0.38
Gomitini small white pasta (org)	£0.62
Cous Cous white (org)	£0.31
Giant Cous Cous	£0.52
Corn & Rice Fusilli GF (org)	£0.61
Wheat Noodles (thin)	£0.48
Brown Rice Flat Noodles GF (org)	£1.52
Soya Mince (coarse/fine) (org)	£0.99
Sunflower Mince (org)	£3.20
Nutritional Yeast Flakes - with B12	£2.56

Black beans (org)	£0.40
Mung beans (org)	£0.56
Haricot Beans (org)	£0.42
Butter Beans (org)	£0.60
Cannellini Beans (org)	£0.48
Red Kidney Beans (org)	£0.48
Soya Beans (org)	£0.42

Nuts, seeds and dried fruits	/100g
Hazelnuts (org)	£2.30
Pine Kernels (org)	£4.00
Walnuts Halves (org)	£2.20
Almonds (org)	£1.65
Ground Almonds (org)	£1.38
Flaked Almonds (org)	£1.58
Cashews (org)	£1.86
Pecan Halves (org)	£2.80
Raw Pistachio Kernels	£3.44
Whole Brazil nuts (org)	£2.60
Macadamia Nuts (org)	£2.72
Pumpkin Seeds (org)	£0.95
Sunflower seeds (org)	£0.55
Poppy Seeds (org)	£1.25
Hulled Hemp Seeds (org)	£1.35
Brown Linseed (org)	£0.45
Ground linseed/flaxseed (org)	£0.80
Sesame Seeds (org)	£0.93
Chia Seeds (org)	£1.10
Seed Mix (org)	£1.00
Nut Mix (org)	£2.00
Sweet + Salty Trail Mix	£1.60
Raw Cacao Nibs	£2.40
Psyllium Husk (org)	£2.80

Raisins (org)	£0.74
Sultanas (org)	£0.77
Banana Chips (org)	£0.95
Goji Berries (org)	£2.00
Dried Mango Cheeks (org)	£2.00
Toasted Coconut Chips (org)	£0.93
Desiccated Coconut (org)	£0.47
Apricots (yellow/org brown)	£1.55/ 1.70
Cranberries, with apple juice (org)	£1.19
Dried Figs (org)	£1.33
Currants (org)	£1.20
Prunes (pitted) (org)	£2.20
Dates pitted/chopped (org)	£0.68/£0.60
Medjoul dates (org)	£1.50
Sun-dried Tomato Halves (org)	£1.20
Pitted Sour Cherries (org)	£1.90

Loose Leaf Tea and Coffee	/100g
Peppermint tea	£3.63
Camomile Blossoms tea	£5.20
Special Earl Grey tea	£5.20
Masala Chai tea	£4.37
Rooibos tea (org)	£4.08
Ginger and Lemon Myrtle tea	£3.63
Decaf Black tea	£6.80
Nightcap tea (org)	£4.20
Assam Leaf tea	£4.00
Rhubarb Cream tea	£3.33
Fancy Sencha Green tea	£5.85
English Breakfast tea	£5.45
TaiShan Matcha Powder (org)	£12.00
Whole Coffee Beans - Brazil (also available ground) Mission Roasters	£2.90
Whole Decaf Coffee Beans - Colombia (also available ground)Mission Roasters	£3.40

Herbs and Spices	/100g
Dried Whole Chillies (cayenne)	£1.50
Xanthan Gum	£3.20
Black Peppercorns - whole (org)	£3.00
Black Ground Pepper	£2.60
Cardamom	£7.50
Cardamom Pods	£7.50
Curry Powder - Medium	£1.21
Mustard Seeds - Black	£0.77
Turmeric (org)	£3.27
Chili Powder (org)	£4.32
Cinnamon (org)	£4.22
Coriander Seeds	£2.69
Coriander Powder	£0.88
Cumin Powder	£4.80
Cumin Seeds	£4.56
Fennel Seeds	£3.51
Smoked Paprika (org)	£5.00
Paprika (org)	£5.14
Garlic Powder (org)	£5.31
Ground Ginger (org)	£3.98
Nutmeg Powder (org)	£5.73
Basil	£3.74
Mixed Herbs	£5.39
Oregano (org)	£4.44
Parsley (org)	£3.16
Rosemary (org)	£3.63
Sage (org)	£3.86
Thyme (org)	£3.28
Bay Leaves	£1.73
Mint	£1.80
Garam Masala	£1.64
Chilli Flakes (org)	£5.20
Arrowroot	£0.80
Cloves - whole	£1.94
Cinnamon Quills	£6.91
Caraway Seeds	£1.54
Fenugreek Seeds	£0.73
Mixed Sweet Spice	£1.50

Bouillon Vegetable Stock (vegan)	£1.15
Sea Salt (fine)	£0.18
Dorset Sea Salt (coarse)	£1.85
Himalayan Pink Rock Salt	£0.40
Sumac (org)	£3.32
Garlic Granules (org)	£1.80

Snacks and Treats	/100g
Dark Chocolate Hazelnuts (org) - NEW	£3.60
Dark Chocolate Almonds (org) - NEW	£3.60
Belgian 50% Dark Chocolate Chips	£2.20
Belgian 72% Dark Chocolate Buttons (org)	£3.10
Two Farmers vegan crisps 150g salted/salt & vinegar/mushrooms & wild garlic each	£2.90
Spudos loose crisps (add your own topping)	£1.89
Hu Chocolate Bar org+paleo+vegan various each	£3.79
Tony's Chocolonely chocolate bars - dark chocolate 180g /dark chocolate, almond and sea salt 180g or 47g	Small £1.50 Large £3.95
Chocolate coloured drops	£2.35
Chocolate Crunch Ballers	£2.50
Vegan Tiffin Bars - NEW	£2.65
Vegan snickers-like bars each	£2.75
Japanese Rice Cracker Mix	£1.40
Bombay mix	£0.50
Chilli Rice Crackers	£1.65
Smoked Almonds - NEW	£2.15
Roasted & Salted Pistachios	£2.10
Roasted & Salted Peanuts	£1.35
Chilli Roasted Peanuts	£1.62
Cinnamon & Maple Caramelised Cashews	£1.80
Cinnamon & Maple Caramelised Almonds	£1.60
Crystallised Ginger	£0.90
Chocolate Peanut clusters	£2.90

Chocolate Honeycomb (vegan)	£2.55
Marshmallows (vegan)	£1.49
Salted Caramel Fudge (vegan)	£1.10
Salt & Pepper Roasted Cashews	£2.20

<b>Oil, Vinegar and Soy Sauce</b>	<b>/100g</b>
Extra Virgin Olive Oil (with trace amounts of rosemary - for regulatory purposes, doesn't taste or smell like rosemary) (org)	£1.58
Sunflower Oil (org)	£0.75
Toasted Sesame Oil	£1.80
Rapeseed Oil - Cold-pressed Extra Virgin	£0.73
Coconut Oil (org)	£0.60
Kikkoman Soy Sauce	£0.65
Kikkoman Tamari (GF soy sauce)	£0.65
Cleaning White Alcohol Vinegar	£0.20
Balsamic Vinegar (org)	£1.30
Apple Cider Vinegar with mother (org)	£0.50
Rice Vinegar - NEW	£0.45
Red Wine Vinegar - NEW	£0.40
White Wine Vinegar (org)	£0.63
Chilli Oil (cayenne/garlic/habanero)	£2 - £3.55

<b>Other</b>	
Oat Milk by Minor Figures (barista standard)	£2.15/L
Oat Milk Powder (org)	£1.85
Tahini (org)	£1.63
Pure Canadian Maple Syrup (org)	£2 /100g
I Am Nut Ok Vegan Cheeses	Various

Peanut Butter - with sea salt	£1.45
Almond Butter	£2.10
Pickling Liquid - NEW	£0.89
Honey (org) - NEW	£1.20
Multivitamin gummies -NEW	£2.40
Vegan Butter Block (org)	£2.29
Kimchi (vegan)	£2.20
Plastic-free Chewing Gum 15g	£1.39
Brewbix upcycled vegan dog treats	£1.75/100g

<b>Frozen Food</b>	<b>/100g</b>
Strawberries	£0.50
Blueberries	£0.80
British Peas (AA Grade)	£0.38
Spinach	£0.30
California Fruit Salad (melon, strawberries, peach and grapes)	£0.66
Cherry Berry (cherries, grapes, blueberries, blackberries)	£0.75
Summer Fruit (raspberries, strawberries, blackberries, redcurrant and blackcurrants)	£0.83
Fruit Fiesta (strawberries, peaches, kiwis and mandarin)	£0.75
Mango Chunks	£0.65
Vegetable Samosa	£0.95 each
Focaccia Pizza Dough Balls	£0.82 each
Lentil and Carrot Burger	£1.14 each
Moving Mountains Vegan Burgers, Hotdogs, Fish Fillets, Sausages & Mince	£4.09 - £4.49
Lickalix Ice Lolly in compostable packaging - 5 flavours	£2.15 each

<b>Cleaning Products by Fill - <a href="http://fillrefill.co">fillrefill.co</a> and SESI - <a href="http://sesi.org.uk">sesi.org.uk</a></b>	<b>Price/100g</b>
Hand Soap (Fig leaf/Rose scented)	£0.50
Wash-up liquid (Ginger scented)	£0.33
Kitchen Clean (Grapefruit scented)	£0.33
Bathroom Clean (Eucalyptus scented)	£0.33
Everything Clean Concentrated (Bergamot scented) - surface/floor	£0.50
Fabric Conditioner (Neroli scented)	£0.37
Laundry Liquid - non bio (Neroli scented/unscented)	£0.56/£0.52
Ecoleaf Laundry Liquid - non bio (Jasmine & White Musk scented)	£0.46
Laundry Liquid - bio (Lavender scented)	£0.56
Laundry Powder (Pettigrain scented)	£0.68
Concentrated Scrub Powder - Cream Cleaner	£0.53
Laundry Sheets x32 (scented/unscented)	£9.28
Destainer Powder	£0.50
Bicarbonate of Soda (for cleaning)	£0.24
Citric Acid	£0.60
Toilet cleaner pods (box of 3)	£6.40
Toilet Scrub/Sink Unblocked Powder	£1.57
Rinse Aid (unscented)	£0.30
Dishwasher Tablets (EcoLeaf)	£0.19/each
Dishwasher Powder	£0.50
Dishwasher Salt	£0.16
Castille Soap (org) - SESI	£0.65
Window and Glass Cleaner	£0.30

Natural stain remover stick	£4.70
Washing-up Soap Bar	£3.25
Compostable cloth sponges (pack of 2)	£3.95
Compostable washing sponge	£2.00
Washing-up Pads (loofas)	£2.75
Wooden Kitchen Brush with replaceable head / Replacement Head	£3.95/ £1.95
Steel scourers (pack of 3)	£2.85
Coconut fibre Scourers (pack of 2)	£4.75
Coconut fibre Bottle Brush	£5.00
Coconut fibre Kitchen Brush	£5.00
Compostable food waste bags (18)	£4.95
Compostable Tall kitchen bin bags (10)	£4.99
Compostable Parchment Baking Sheets (24)/ Recyclable foil 10m x 29.2cm	£3.95
Compostable cling film	£3.85
Rubber gloves (natural latex)	£3.00

<b>Reusable items</b>	
Chilly's Water bottles and coffee cups (various colours and sizes)	Various
KeepCup Glass Coffee Cups S/M/L - Thermal all sizes	£19/£20/ £21 - £25
Reusable metal straw	£2.00
Straw cleaner	£1.25
Black + Blum Stainless Steel containers, insulated flasks and lunchboxes	Various
Cloth/Mesh Bag sets	£6.50
Single cloth produce or bread bag	£2.70
Tea Strainer Basket	£4.00
Reusable Silicon Baking Mat	£12.99
Wax Wraps	£14.00
Hair ties - plastic-free (pack of 6)	£6.96
Wooden Pot Scraper	£2.80
Greeting Cards	£2.90

Gas Canister Refills by CO2YOU (similar to Sodastream but made in the UK) - other brands of gas canisters accepted for exchange	£22.99 without exchange £12.99 with exchange
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<b>Toiletries</b>	<b>Price/100g or each</b>
Alter/Native soap bars	£3.15
Shaving bar/ Cleansing Face bar	£3.95/3.25
Vely Soap on a rope	£8.50
Marseille Olive Oil soap bar (org)	£5.20
Alter/Native Shampoo /Conditioner bars	£4.20/5.90
Liquid shampoo, conditioner and bodywash by SESI (org) - Unscented	£0.90
Liquid shampoo, conditioner and bodywash by Fill & Alter/Native - various scents	£0.90
Bath Soak - Forest scented /unscented	£1.10/0.75
Liquid hand and body lotion unscented	£1.25
Olive wood soap dish - various sizes	£6.50-9.50
Coconut soap rest	£2.30
Soap bag	£3.75
Bamboo toothbrush (adult or kids size)	£4.00
Nail Brush (wooden)	£5.00
Bath Salts (soothing herbal)	£1.40
Epsom Salts	£0.45
Cacao Pow Natural Deodorant 55g	£12.00
Kutis Vegan Deodorant	£7.25
Metal Razor	£19.00
Pack of 10 razor blades	£2.99
Upcircle products: face moisturiser, cleansing balm, face scrub, sunscreen, toner, face oil, eye cream, shampoo + conditioner, peptide serum & deodorant. Refills available for all of these at 20% less than packaged price.	Various

Reusable make-up wipes (pack of 5)/ (pack of 16)/nail varnish wipes (5)	£5.95/£9.99 /£4
Bamboo and Cotton Ear Buds (100)	£2.50
Flon menstrual cup (2 sizes included)	£20.00
Reusable sanitary pads (various sizes)	£6.40- 9.95
Dental floss (1 roll)	£4.90
Refill for dental floss jar (2 rolls)	£6.90
Natural toothpaste jar (Georganics)	£6.45
Toothpaste tablets with fluoride	£12/100g
Mouthwash Tablets (Georganics)	£7.42
Plastic-free plasters	£7.00
Vely Lip balm (regular /tinted)	£6.95
Essential oil Self Care Co Candle	£25.00
Earth small candles	£12.95
Jade roller	£12.00
Eye and face cream (org)	£9.75
Bamboo Flannel	£5.00
Electric toothbrush head - fully recyclable (pack of two) adult/child	£9.39
Interdental Sticks	£3.95
Hand Cream - fig leaf scent	£2.30
Micellar Water - unscented	£1.15

Loo Roll (extra long) / Tissues	£1/£1.70
Kitchen Roll	£3.50

<b>Glass jars and bottles</b>	
Kilner jars from 90ml to 2L	£2 - £6
Cleaning Products Glass bottle (spray, twist or pump top) 500ml	£3.50
Swingtop Bottle (ideal for oils and vinegars) 250ml - 1L	£3 - £4.50

Liquid Seaweed Plant Fertilizer - Super Concentrated (org)	£1.20/ 100g
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