

Jarr Product List - Stoke Newington



Wholefoods	Price/100g
Arborio White Rice (org)	£0.58
Brown Basmati Rice (org)	£0.40
White Basmati Rice (org)	£0.52
Long/ Short grain Brown Rice	£0.38
White Jasmine Rice (org) - NEW	£0.52
Wild Rice Mix (org)	£0.63
Sushi Rice (org)	£0.39
Bulghur Wheat (org)	£0.39
Popcorn Kernels (org)	£0.35
Tricolour Quinoa (org)	£0.68
Couscous - white (org)	£0.31
Giant Couscous (org)	£0.52
Chickpeas (org)	£0.43
Jumbo/ Rolled Oats (org)	£0.25
Jumbo Oats - GF (org)	£0.38
Puffed Quinoa (org)	£1.39
Cornflakes (org) - NEW	£1.15
Bran Flakes (org)	£0.73
Deluxe Muesli	£0.50
Strong White Bread Flour (org)	£0.16
Strong Wholemeal Flour (org)	£0.15
Rye Flour (org)	£0.23
Semolina (org)	£0.36
Plain White/Wholemeal Flour (org)	£0.17
Pasta Flour (00) (org)	£0.16
Self-raising Flour (org)	£0.17
Gram Flour (chickpea) (org)	£0.34
Buckwheat Flour - GF (org)	£0.45
Maca Powder (org) - NEW	£1.32
Hemp Protein Powder (org) - NEW	£1.00
Spirulina Powder (org) - NEW	£1.90
Various products in cans and jars	Various

Brown Sugar (light muscovado)	£0.45
Golden Caster Sugar	£0.40
Coconut Sugar (org)	£0.77
Granulated Extra Light Sugar (org)	£0.41
Cocoa Powder (org)	£1.10
Raw Cacao Powder (org) - NEW	£1.40
Bicarbonate Soda for cooking - GF	£0.40
Baking Powder - GF	£0.71
Red Split Lentils (org)	£0.38
Green Lentils (org)	£0.38
French Style (Puy) Lentils (org)	£0.57
Brown Lentils (org)	£0.42
Black Beluga Lentils (org)	£0.60
Yellow Split Peas (org)	£0.28
Millet (org)	£0.34
White/Wholemeal Pennette Pasta (org)	£0.34
White/Wholegrain Spelt Pasta (org) - NEW	£0.62
Fusilli Pasta - white (org)	£0.38
Wheat Noodles (thin)	£0.48
Lasagna - white (org)	£0.59
Spaghetti - white/brown (org)	£0.38
Corn and Rice Fusilli - GF (org)	£0.61
Pearl Barley (org)	£0.19
Orzo (org)	£0.40
Buckwheat Groats - GF (org)	£0.55
Polenta - GF (org)	£0.33
Soya Mince (org) - NEW	£0.99
Sunflower Mince (org)	£3.20
Vegetable Stock (org)	£1.15
Raw Cacao Nibs (org)	£1.28

Black beans (org)	£0.40
Mung beans (org)	£0.56
Haricot Beans (org)	£0.42
Butter Beans (org)	£0.60
Cannellini Beans (org)	£0.48
Red Kidney Beans (org)	£0.48
Soya Beans (org) - NEW	£0.42

Nuts, seeds and dried fruits	/100g
Hazelnuts (org)	£1.69
Peanuts (roasted, salted)	£1.35
Pine Kernels (org)	£4.00
Walnuts Halves (org)	£2.20
Almonds (org)	£1.65
Ground Almonds (org)	£1.38
Flaked Almonds (org)	£1.58
Cashews (org)	£1.86
Pecan Halves (org)	£2.80
Raw Pistachio Kernels	£3.44
Roasted and salted Pistachios	£2.10
Brazil nuts (org)	£1.64
Macadamia Nuts (org) - NEW	£2.72
Nut Mix (org)	£2.00
Poppy Seeds (org)	£1.25
Sunflower Seeds (org)	£0.55
Hulled Hemp Seeds (org)	£1.35
Linseed (org)	£0.45
Chia Seeds (org)	£1.10
Sesame Seeds (org)	£0.93
Pumpkin Seeds (org)	£0.95
Seed Mix (org) - NEW	£1.00
Sweet + Salty Trail Mix - NEW	£1.60
Caramelised Cashews/Almonds - NEW	£1.80/ £1.60

Raisins (org)	£0.74
Sultanas (org)	£0.77
Banana Chips (org)	£0.95
Crystallised Ginger	£0.90
Dried Mango Cheeks (org)	£2.00
Toasted Coconut Chips (org)	£0.93
Desiccated Coconut (org)	£0.47
Apricots (yellow/org brown)	£1.20
Cranberries, with apple juice (org)	£1.19
Dried Figs (org)	£1.33
Currants (org)	£1.20
Prunes (pitted) (org)	£2.20
Dates pitted/chopped (org)	£0.57/£0.60
Medjoul dates	£1.50
Sun-dried Tomato Halves (org)	£1.20
Pitted Sour Cherries (org)	£1.90

Loose Leaf Tea and Coffee	/100g
Peppermint tea	£3.63
Camomile Blossoms tea	£5.20
Special Earl Grey tea	£5.20
Masala Chai tea	£4.37
Rooibos tea (org)	£4.08
Ginger and Lemon Myrtle tea	£3.63
Decaf Black tea - NEW	£6.80
Nightcap tea (org)	£4.20
Assam Leaf tea	£4.00
Rhubarb Cream tea	£3.33
Fancy Sencha Green tea	£5.85
English Breakfast tea	£5.45
Matcha Powder (org) - NEW	£12.00
Whole Coffee Beans (Mission Roasters) - medium espresso blend	£2.90
Whole Coffee Beans - Decaf	£3.40

Herbs and Spices	/100g
Dried Whole Chillies (cayenne)	£1.50
Xanthan Gum - NEW	£3.20
Black Peppercorns - whole (org)	£3.00
Black Ground Pepper	£2.60
Cardamom	£7.50
Cardamom Pods	£7.50
Curry Powder - Medium	£1.21
Mustard Seeds - Black	£0.77
Turmeric (org)	£3.27
Chili Powder (org)	£4.32
Cinnamon (org)	£4.22
Coriander Seeds	£2.69
Coriander Powder	£0.88
Cumin Powder	£4.80
Cumin Seeds	£4.56
Fennel Seeds	£3.51
Smoked Paprika (org)	£5.00
Paprika (org)	£5.14
Garlic Powder (org)	£5.31
Ground Ginger (org)	£3.98
Nutmeg Powder (org)	£5.73
Basil	£3.74
Mixed Herbs	£5.39
Oregano (org)	£4.44
Parseley (org)	£3.16
Rosemary (org)	£3.63
Sage (org)	£3.86
Thyme (org)	£3.28
Bay Leaves	£1.73
Mint	£1.80
Garam Masala	£1.64
Nutritional Yeast Flakes - with B12	£2.56
Arrowroot	£0.80
Cloves - whole	£1.94
Cinnamon Quills	£6.91
Caraway Seeds	£1.54
Fenugreek Seeds	£0.73
Mixed Sweet Spice	£1.50

Sea Salt (fine)	£0.18
Dorset Sea Salt (coarse)	£1.85
Psyllium Husk (org) - NEW	£0.62

Snacks and Treats	/100g
Chocolate covered Raisins (org)	£2.90
Chocolate covered Ginger (org)	£3.40
Chocolate covered Salted Hazelnuts (org)	£3.60
Chocolate covered Almonds (org)	£3.60
Dark Chocolate Buttons plain/mint (org)	£3.10/ £3.20
Seasonal chocolate treats	Various
Crisps 150g large bag (in compostable packaging) lightly salted/salt and cider vinegar/mushrooms and wild garlic	£2.60 each
Spudos loose crisps (add your own topping)	£1.89
Vegan pick and mix gummies (fizzy mix and non-fizzy mix)	£1.35
Tony's Chocolonely chocolate bars - dark chocolate (large) and dark chocolate, almond and sea salt (large and small)	Small £1.50 Large £3.95
Dark chocolate drops, chocolate crunch balls and chocolate peanut balls	£2.35/ £2.50
Vegan snickers-like bars - NEW	£2.50/ each
Japanese Rice Cracker Mix	£1.08
Bombay mix - NEW	£0.50
Chilli Rice Crackers - NEW	£1.40
Peanut Butter - with sea salt	£1.45
Almond Butter	£2.10

Granola by Rollagranola (GF & vegan)	/100g
Almond Granola (no added sugar)	£1.20
Chocolate Granola	£1.20
Raspberry Granola (cereal-free, no added sugar)	£1.60

Oil, Vinegar and Soy Sauce	/100g
Extra Virgin Olive Oil (with trace amounts of rosemary - for regulatory purposes, doesn't taste or smell like rosemary) (org)	£1.58
Sunflower Oil (org)	£0.75
Toasted Sesame Oil	£1.80
Rapeseed Oil - Cold-pressed Extra Virgin	£0.73
Coconut Oil (org) - NEW	£0.60
Soy Sauce	£0.65
Tamari (GF soy sauce)	£0.65
Cleaning White Alcohol Vinegar - food grade	£0.18
Balsamic Vinegar (org)	£1.30
Apple Cider Vinegar with the mother (org)	£0.50
White Wine Vinegar (org) - NEW	£0.63
Chilli Oil (cayenne/garlic/habanero)	£2 - £3.55

Other	
Oat Milk by Minor Figures (barista standard)	£2.15/L
Oat Milk Powder (org) - NEW	£1.85
Tahini (org) - NEW	£1.63
Pure Canadian Maple Syrup (org)	£2/100g
I Am Nut Ok Vegan Cheeses - NEW	Various
Vegan Butter Block (org) - NEW	£2.29
Kimchi (vegan) - NEW	£2.20

Plastic-free Chewing Gum	£1.39
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Vegan Dog Treats	£1.75/100g
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Frozen Food	/100g
Strawberries - NEW	£0.50
Blueberries	£0.80
British Peas (AA Grade)	£0.38
Spinach	£0.30
California Fruit Salad (melon, strawberries, peach and grapes)	£0.66
Cherry Berry (cherries, grapes, blueberries, blackberries)	£0.75
Summer Fruit (raspberries, strawberries, blackberries, redcurrant and blackcurrants)	£0.83
Farmhouse Vegetables (cauliflower, broccoli, carrots and green beans)	£0.36
Tuscan Roasting Vegetables (cherry tomatoes, roasted onions, potatoes, and grilled courgette)	£0.80
Fruit Fiesta (strawberries, peaches, kiwis and mandarin)	£0.75
Mango Chunks	£0.65
Oriental Stir Fry (peppers, sugar snap peas, baby corn, water chestnuts and onions)	£0.55
Sweet Potato Chips	£0.86
Peas, Beans and Asparagus Mix	£0.62
Focaccia Pizza Dough Balls	£0.82 each
Lentil and Carrot Burger	£1.14 each
Spicy Quinoa Burger	£1.39 each
Moving Mountains Vegan Burgers, Hotdogs, Fish Fillets, Sausages & Mince - NEW	£4.09 - £4.49

Cleaning Products by Fill - fillrefill.co and SESI - sesi.org.uk	Price/100g
Hand Soap (Fig leaf/Rose scented)	£0.50
Wash-up liquid (Ginger scented)	£0.33
Kitchen Clean (Grapefruit scented)	£0.33
Bathroom Clean (Eucalyptus scented)	£0.33
Everything Clean Concentrated (Bergamot scented) - surface or floor cleaner - NEW	£0.5
Fabric Conditioner (Neroli scented)	£0.37
Laundry Liquid - non bio (Neroli scented/unscented)	£0.56/£0.52
Ecoleaf Laundry Liquid - non bio (Summer rain scented) - NEW	£0.46
Laundry Powder (Pettigrain scented)	£0.68
Laundry Soap Nuts 1kg bag (org) (480 washes) - NEW	£17.50
Pack of 32 Laundry Sheets (scented/unscented) - NEW	£9.28
Destainer Powder	£0.50
Bicarbonate of Soda (for cleaning)	£0.24
Citric Acid	£0.60
Toilet Scrub/Sink Unblocked Powder - NEW	£1.57
Rinse Aid (unscented)	£0.30
Dishwasher Tablets (EcoLeaf)	£0.19/each
Dishwasher Powder - NEW	£0.50
Dishwasher Salt - NEW	£0.16
Castille Soap (org)	£0.65
Window and Glass Cleaner	£0.30

Natural stain remover stick	£4.70
Washing-up Soap Bar	£2.75
Compostable cloth sponges (pack of 2)	£3.50
Compostable washing sponge	£2.00
Washing-up Pads (loofas)	£2.75
Wooden Kitchen Brush with replaceable head	£3.95
Replacement head for Kitchen Brush	£1.95
Coconut fibre Scourers (pack of 2)	£4.75
Coconut fibre Bottle Brush	£5.00
Coconut fibre Kitchen Brush	£5.00
Compostable food waste bags (30)	£5.35
Compostable Tall kitchen bin bags (12)	£5.26
Compostable Parchment Baking Sheets (24)/ Recyclable foil	£3.50/ £3.35
Compostable cling film	£3.85
Rubber gloves	£3.00

Reusable items	
Chilly's Water bottles and coffee cups (various colours and sizes)	Various
KeepCup Coffee Cups S/M/L	£19/£20/ £21
Reusable metal straw	£2.00
Straw cleaner	£0.70
Black + Blum Stainless Steel containers, insulated flasks and lunchboxes	Various
Cloth/Mesh Bag sets	£6.50
Single cloth produce or bread bag	£2.70
Tea Strainer Ball	£4.00
Reusable Silicon Baking Mat	£12.99
Wax Wraps	£14.00
Hair ties - plastic-free (pack of 6) - NEW	£6.96

Greeting Cards	£2.90
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Gas Canister Refills by CO2YOU (similar to Sodastream but made in the UK) - other brands of gas canisters accepted for exchange	£22.99 without exchange £12.99 with exchange
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Toiletries	Price/100g or each
Alter/Native soap bars	£2.95
Marseille Olive Oil soap bar (org)	£5.20
Alter/Native Shampoo bars	£4.20
Liquid shampoo, conditioner and bodywash by SESI (org) - Unscented	£0.90
Liquid shampoo, conditioner and bodywash by Fill and Alter/Native - various scents	£0.90
Bath Soak - Forest scented - NEW	£1.10
Bubble Bath - unscented	£0.75
Liquid hand and body lotion	£1.25
Olive wood soap dish - various sizes	Various
Coconut soap rest	£2.30
Soap bag	£3.75
Bamboo toothbrush (adult or kids size)	£4.00
Nail Brush (wooden)	£5.00
Bath Salts (soothing herbal)	£1.40
Epsom Salts - NEW	£0.45
Cacao Pow Natural Deodorant 55g/100g	£10/£15
Kutis Vegan Deodorant	£7.25
Bamboo Razor	£19.00
Pack of 10 razor blades	£2.99
Upcircle products: face moisturiser, cleansing balm, face scrub, sunscreen, toner, serum, shampoo + conditioner creme and refillable deodorant. Refills available for all of these at 10% less than packaged price.	Various

Reusable make-up wipes (pack of 5)/ (pack of 16)/nail varnish wipes (5)	£5.50/£9.99 /£4
Bamboo and Cotton Ear Buds (100)	£2.50
Menstrual cups (3 sizes)	£20.00
Reusable sanitary pads (various sizes)	£6.40- £9.95
Dental floss (1 roll)	£4.90
Refill for dental floss jar (2 rolls)	£6.90
Natural toothpaste in a jar (Georganics)	£6.45
Toothpaste tablets with fluoride	£12/100g
Mouthwash Tablets (Georganics)	£7.42
Plastic-free plasters	£7.00
Lip balm (various scents)	£4.00
Essential oil Self Care Co Candle	£25.00
Earth small candles - NEW	£12.95
Jade roller	£12.00
Eye and face cream (org)	£9.75
Bamboo Flannel	£5.00
Electric toothbrush head - fully recyclable (pack of two) adult/child	£9.39
Interdental Sticks - NEW	£3.95
Loo Roll (extra long) / Tissues	£1/£1.70
Kitchen Roll	£2.95

Glass jars and bottles	
Kilner jars from 90ml to 2L	£2 - £6
Cleaning Products Glass bottle (spray, twist or pump top) 500ml	£3.50
Swingtop Bottle (ideal for oils and vinegars) 250ml - 1L	£3 - £4.50
Aluminium bottles (for shampoo, conditioner or body wash) 300 - 500ml	£3 - £3.50
Liquid Seaweed Plant Fertilizer - Super Concentrated (org)	£1.20/ 100g